

SOUTHERN CALIFORNIA  
TIDE CALENDAR  
2023



# **2023 TIDEBOOK**

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## **Los Angeles Tide Calendars**



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### **THE TIDEBOOK COMPANY**

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**PRINTS *of* TIDES**

P.O. Box 2813 • Tybee Island, GA 31328 • 912-472-4373

[www.tidelog.com](http://www.tidelog.com)

[info@tidelog.com](mailto:info@tidelog.com)

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**IMPORTANT NOTICES:** The mariner must be cautioned that during times when weather conditions differ from what is considered average for the area, corresponding differences between predicted heights of tide and those actually observed will be noted. Generally, prolonged onshore winds or a low barometric pressure can produce higher tides than predicted, while the opposite can result in lower tides than those predicted. During times of storm surges or when extreme weather conditions are imminent, it would be prudent for the mariner to keep closely advised by local weather forecasts as they relate to the effects upon tide levels.

**HEIGHT DATUM:** The datum from which the predicted heights are recorded is the same as that used for the charts of your locality. For the Pacific Coast of the U.S. (including Alaska and Hawaii) that datum is Mean Lower Low Water (MLLW).

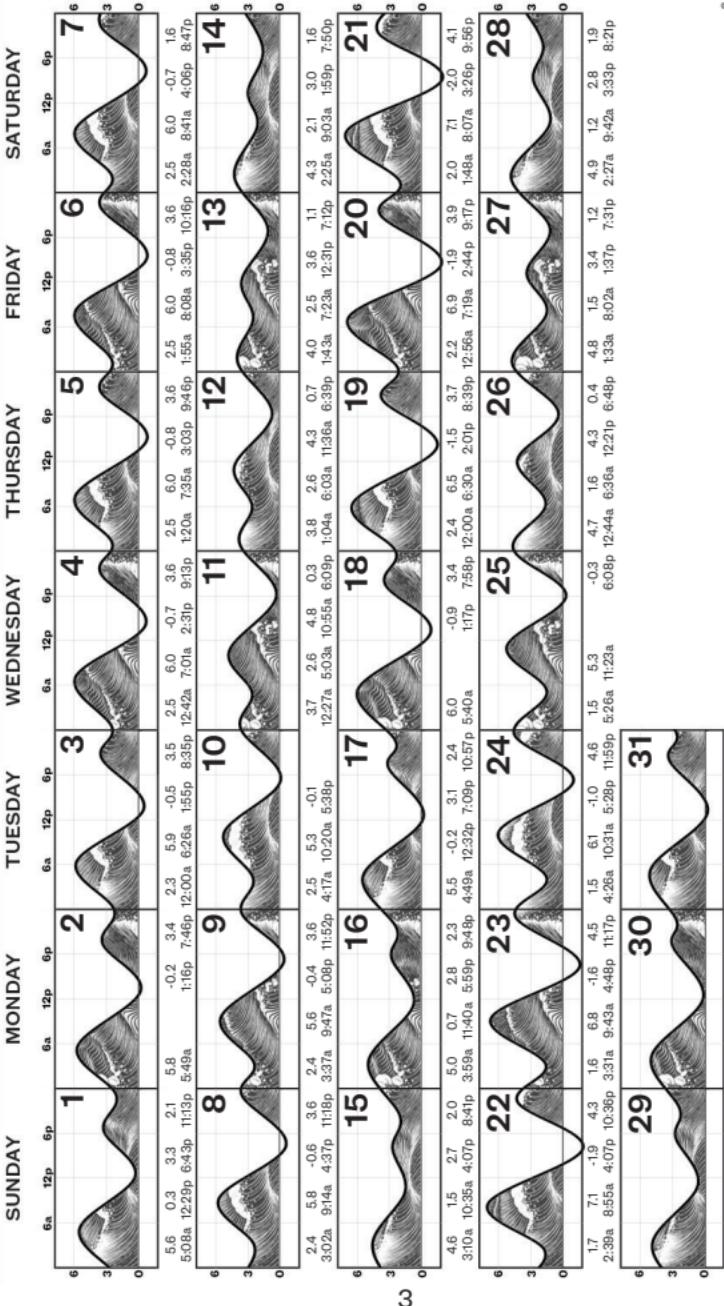
**PACIFIC DAYLIGHT SAVING TIME:** All tables are corrected for daylight saving time.

**NO WARRANTY, EXPRESS OR IMPLIED, IS  
MADE FOR THE ACCURACY OF THE DATA  
CONTAINED IN THIS BOOKLET**

The tide information has been obtained from the National Oceanic and Atmospheric Administration (NOAA). Persons using this book should also consult original sources, including published NOAA charts and tables.

**NOTE:** The interval on the following pages is High/Low, the solid line depicts a curve fit between the high and low values and approximates the segments between.

# JANUARY 2023



- Last Quarter: Jan 15
- First Quarter: Jan 28
- Full Moon: Jan 6
- New Moon: Jan 21

FEBRUARY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

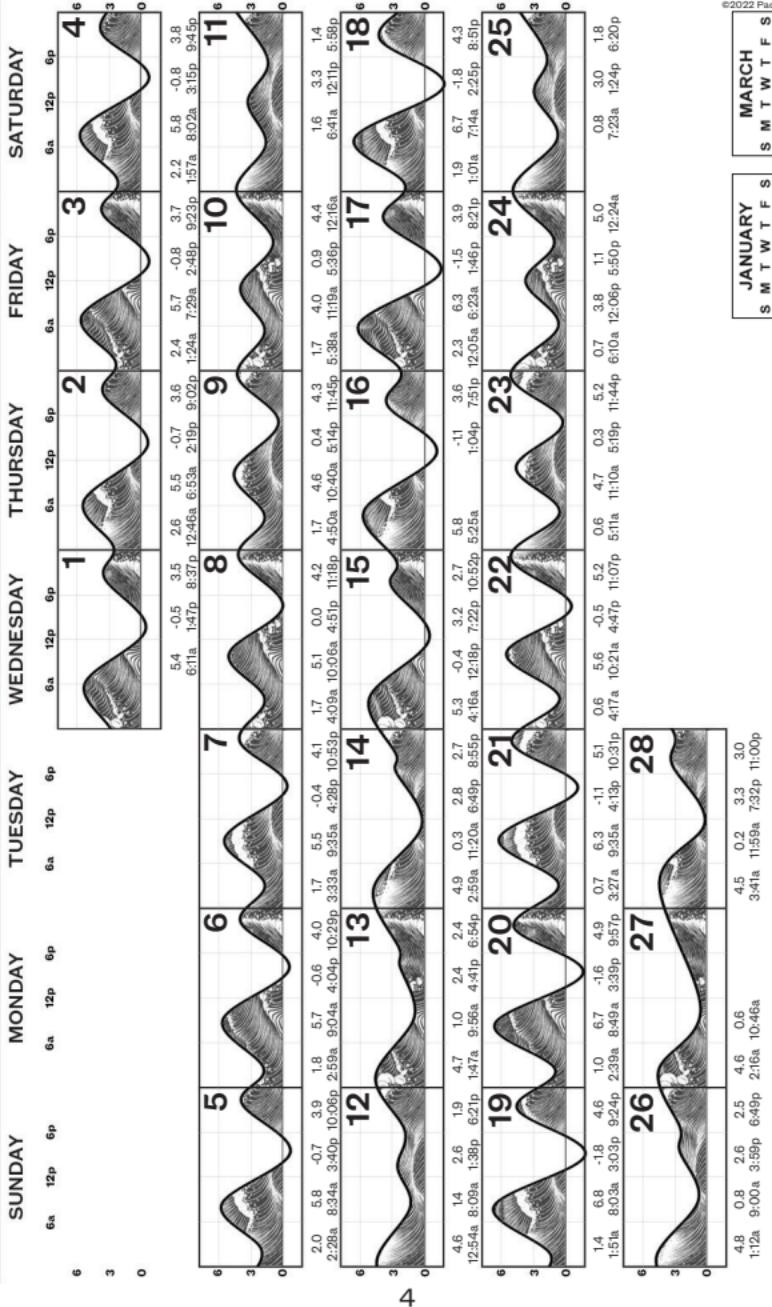
5.0 0.7 2.8 2.4 5.1 0.2 3.1 2.7 5.2 -0.2 3.4 2.7

3.26a 11:44a 5:52p 9:31p 4:27a 12:20p 7:19p 10:52p 5:23a 1:08p 8:06p 11:57p

1.7 7.1 -1.9 4.3 1.6 6.8 -1.6 4.5 1.5 6.1 -1.0 4.6 1.5 5.3

2:39a 8:55a 4:07p 10:36p 3:31a 9:43a 4:48p 11:17p 4:26a 10:31a 5:28p 11:59p 5:26a 11:23a

# FEBRUARY 2023



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**JANUARY**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**MARCH**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MARCH 2023

**SUNDAY**

6a	12p	6p	6a	12p	6p	6a
6	3	0	6	3	0	6

**MONDAY**

6a	12p	6p	6a	12p	6p	6a
17	5.5	-0.5	4.1	1.4	5.5	0.5
7:49a	7:49a	2:41p	9:01p	2:18a	8:19a	3:02p
1:49a	1:49a	6:01p	9:01p	2:18a	8:19a	3:02p

**TUESDAY**

6a	12p	6p	6a	12p	6p	6a
6	7	13	14	20	21	27
0.7	2.9	1.8	4.9	0.7	2.5	2.3
7:20a	7:20a	1:18p	6:12p	1:18p	6:10p	3:15p
1:18p	1:18p	6:01p	12:53a	8:41a	2:10p	9:41a

**WEDNESDAY**

6a	12p	6p	6a	12p	6p	6a
1	2	8	9	15	16	22
4.6	0.1	3.5	2.7	4.5	0.9	4.5
5:00a	5:00a	12:47p	7:53p	12:07a	5:58a	3:23p
12:47p	12:47p	7:53p	12:07a	5:58a	3:23p	12:47a

**THURSDAY**

6a	12p	6p	6a	12p	6p	6a
3	4	10	11	17	18	24
0.3	0.5	2.7	0.3	3.7	2.4	0.8
3:45a	3:45a	12:39p	8:11p	12:47a	8:19a	4:00p
12:39p	12:39p	8:11p	12:47a	8:19a	4:00p	12:47p

**FRIDAY**

6a	12p	6p	6a	12p	6p	6a
5	6	12	13	19	20	26
0.7	2.9	1.8	4.9	0.7	2.5	2.3
7:20a	7:20a	1:18p	6:12p	1:18p	6:10p	3:15p
1:18p	1:18p	6:01p	12:53a	8:41a	2:10p	9:41a

**SATURDAY**

6a	12p	6p	6a	12p	6p	6a
6	7	14	15	21	22	28
0.7	2.9	1.8	4.9	0.7	2.5	2.3
7:20a	7:20a	1:18p	6:12p	1:18p	6:10p	3:15p
1:18p	1:18p	6:01p	12:53a	8:41a	2:10p	9:41a

**DATA**

Time	Value	Time	Value	Time	Value	Time	Value
5:00a	4.6	12:00a	0.1	7:45a	3.5	1:15p	0.5
12:47p	0.01	8:11p	2.7	12:39p	-0.3	4:00p	4.0
12:47p	12:47p	8:11p	12:47a	8:19a	4:00p	12:47p	8:45p

- Full Moon: Mar 7
- New Moon: Mar 21

- Last Quarter: Mar 14
- First Quarter: Mar 28

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APRIL 2023

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	MAY					
	S	M	T	W	T	F
<b>MARCH</b>	S	M	T	W	T	F
	1	2	3	4	5	6
	7	8	9	10	11	12
	13	14	15	16	17	18
	19	20	21	22	23	24
	25	26	27	28	29	30
	31					

- Last Quarter: Apr 13
- First Quarter: Apr 27

30

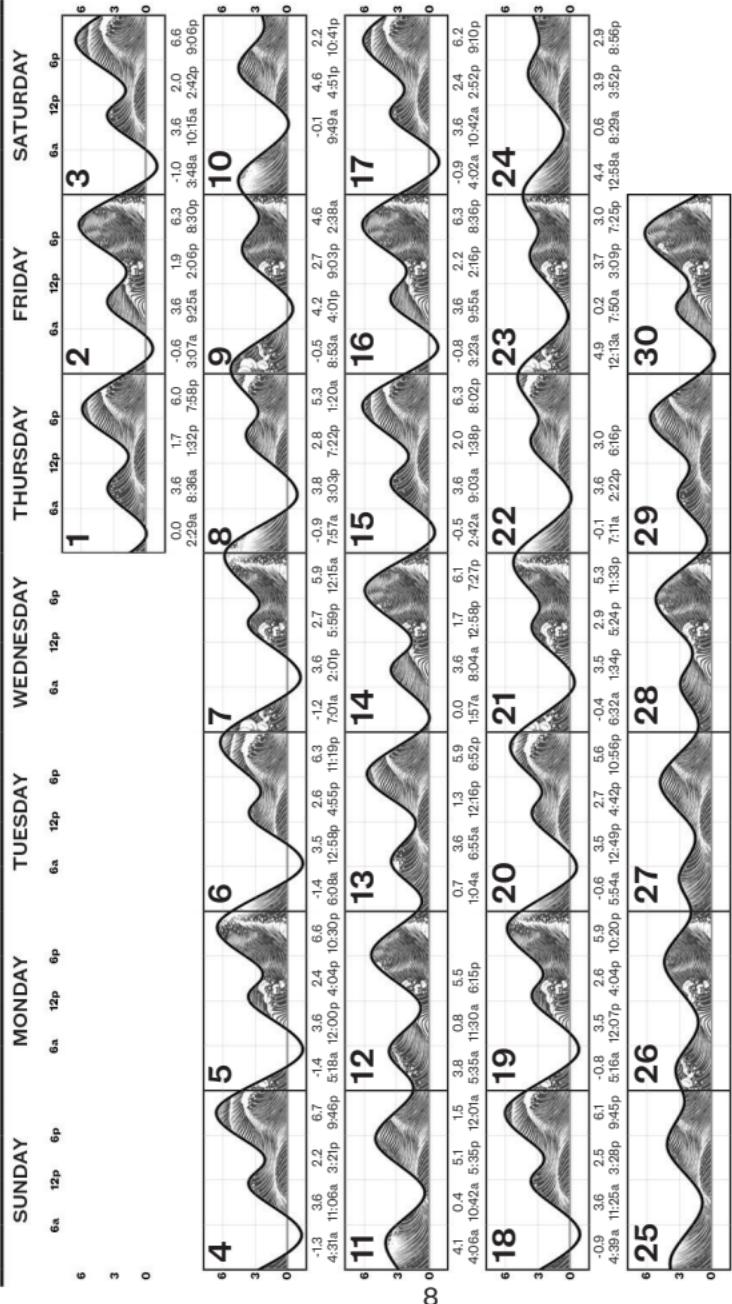
MAY 2023

- Full Moon: May 5
- New Moon: May 19

○ Last Quarter: May 12  
○ First Quarter: May 27

		JUNE					
		S	M	T	W	F	S
APRIL	S	1					1
	M	2	3	4	5	6	7
	T	8	9	10	11	12	13
	W	14	15	16	17	18	19
	F	20	21	22	23	24	25
	S	26	27	28	29	30	31

# JUNE 2023



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- Full Moon: Jun 3
- New Moon: Jun 17
- Last Quarter: Jun 10
- First Quarter: Jun 26

JULY						
S	M	T	W	F	S	S
1	2	3	4	5	6	1
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	28	29	30

MAY						
S	M	T	W	F	S	S
1	2	3	4	5	6	1
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	28	29	30

## Tips for Sewage Management

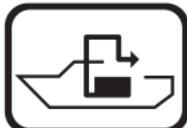
It is against federal and state law to discharge untreated sewage within the three-mile territorial limit (including lakes, rivers, reservoirs, or coastal waters within three miles of shore) or treated sewage into any designated

No Discharge Zone. Fines up to \$2,000 can be imposed for illegal discharges.

- ☛ **Never discharge** treated or untreated wastes into small bays, harbors, marinas, areas with low tidal flushing, or near recreational swimming, fishing, and shellfish beds.
- ☛ **Get a U.S. Coast Guard approved Marine Sanitation Device** for your boat or consider using a port-a-potty.
- ☛ Even if you have a Type I, II, or III Marine Sanitation Device, consider **using landside restrooms** before departing. Type I and II discharges, although treated, add chemicals and organic matter to the marine environment.
- ☛ Prevent accidental discharges by **keeping your "Y" valve properly secured** in the closed position when navigating inland waters or boating less than three miles offshore.
- ☛ **Read labels and use holding tank disinfectants** and deodorizers that do not contain ammonia, chlorine, formaldehyde, or other components that can be harmful to aquatic organisms.
- ☛ Instead of chemical additives, **use enzyme-based treatments** to break down solids and reduce odor.

### THE NATIONAL PUMPOUT SYMBOL

Look for this symbol and remember:  
Pump it, don't dump it.



# **Mobile Boat-to-Boat Services**

## **BILGE PUMPOUT/CLEANING SERVICES**

**Suck it up Sally Mobile Pump Out Service** **760.583.4974**

**Serves:** Oceanside Harbor

**Other Services Provided:** Pump out service and bilge cleanup.

**Waterworks** **Office: 805.884.0215** **Cell: 805.453.3091**

**Serves:** Santa Barbara and Ventura Counties

www.sbwwaterworks.com | Email: service@surfmaninc.com

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## **SEWAGE MOBILE PUMPOUT SERVICES**

**All Bay Marine Service** **619.298.4568**

**Serves:** San Diego Bay

www.allbaymarineservices.com | Email: kris@aquariusyacht.com

**Dolphin Marine and Pump Out** **714.296.8531**

**Serves:** Long Beach Harbor, Huntington Harbour, Newport Harbor

www.gogreenpumpout.org | Email: fishnets8989@hotmail.com

**Other Services Provided:** Hull cleaning services

**Head Pumpers** **310.292.1226**

**Serves:** Avalon Harbor, Catalina Island

www.headpumpers.com | Email: davefcarleton@gmail.com

VHF Radio: Channel 68

**Honey Bucket** **310.221.2190**

**Serves:** King Harbor

Email: honeybucketredondo@yahoo.com

**Mobile Pro Marine Services** **619.342.4477**

**Serves:** San Diego County

Email: info@mobilepromarine.com

**Pepe La 'Poo's Pumpout** **760.815.7727**

**Serves:** San Diego County

www.pepelapoo.com | Email: service@pepelapoo.com

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**Popeye's Pumpout Co.****310.467.5008****Serves:** Marina del Rey Harbor

www.popeyespumpout.com | Email: service@popeyespumpout.com

**Other Services Provided:** Emergency bilge pumpoutupon request, bilge water cleaning

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**Royal Flush Pumping Service****888.656.2551****Serves:** Los Angeles and Orange Countieswww.pump-out.net | Email: royalflush@onebox.com

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**Suck it up Sally Mobile Pump Out Service****760.583.4974****Serves:** Oceanside Harbor**The Pumpout****855.PUMPOUT (786.7688)****Serves:** Long Beach Harbor, Huntington Harbour, Newport Harborwww.thepumpout.com | Email: thepumpoutboat@gmail.com

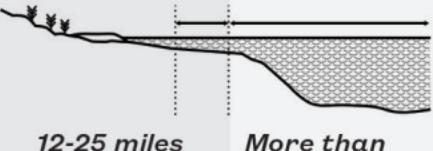
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**Scan the QR code with your smartphone for a complete list  
of statewide mobile boat-to-boat services:**



# Legal Discharge Limits for Boating Waste

	INLAND	OCEAN WATERS
		
	Lakes, reservoirs, fresh water impoundments	<u>Less than 3 miles offshore</u>
<b>SEWAGE</b>	No Discharge permitted	Permitted through Type I or II MSD
<b>OIL</b>	Discharge permitted if less than 15 ppm, no sheen	
<b>FOOD WASTE</b>	No Discharge permitted	
<b>TRASH (NON- PLASTIC)</b>	No Discharge permitted	
<b>PLASTIC &amp; FLOATABLES</b>	It is illegal to discharge any plastic or floatable materials into inland, coastal, or ocean waters.	
<b>HAZARDOUS WASTE</b>	It is illegal to discharge any hazardous substance into inland, coastal, or ocean waters.	

	
<u>12-25 miles offshore</u>	<u>More than 25 miles offshore</u>
Permitted if less than 15 ppm with an OWS, monitor, & alarm	Discharge permitted
Discharge permitted if ground up to less than one cubic inch	Discharge permitted

## KEY TERMS AND NOTES:

- MSD: Marine Sanitation Device,
- OWS: Oil/Water Separator,
- ppm: parts per million

### MSDs

☞ Type I

Chemically treats sewage so that the bacteria count is reduced to less than 1,000 per 100 milliliters

☞ Type II

Similar to Type I MSD, but the bacteria count must be below 200 per 100 milliliters

☞ Type III

Holding tank

Vessels with installed marine toilets must have an operable U.S. Coast Guard approved MSD. Discharge of treated or untreated sewage is illegal anywhere in a federally designated No Discharge Zone or restricted waters of California.

To report illegal discharges anywhere, call the National Response Center toll free at 800.424.8802.

# Marine Protected Area Information

## WHAT IS A MARINE PROTECTED AREA (MPA)?

A marine area designated via public processes to protect and conserve marine life, marine habitats, and cultural resources by prohibiting or limiting the take of marine resources. MPAs are recognized tools for protecting, enhancing, and restoring marine life and allow for interactions between both fished and unfished species to occur in a natural setting.

## TYPES OF PROTECTED AREAS (INCLUDING MPAs)

### State Marine Reserve

**(SMR):** Most common and restrictive type of MPA. Fishing is not allowed.

### State Marine

#### Conservation Area

**(SMCA):** Less restrictive than SMRs and may allow some recreational or commercial fishing with certain gear. See [www.wildlife.ca.gov/MPAs](http://www.wildlife.ca.gov/MPAs).

### No-Take SMCA:

Take of any living, geological, or culture resource in the area is prohibited.

### State Marine Park (SMP):

Allows some recreational take but does not allow commercial take.

### State Marine

#### Recreational Management Area (SMRMA):

Some take, and legal waterfowl hunting may be allowed, but other activities and take may be prohibited.

### Special Closure:

Prohibits or restricts access in waters near seabird rookeries or resting and breeding sites for marine mammals. May prohibit boating and anchoring to protect sensitive species.

### Channel Islands National Marine Sanctuary:

Prohibits commercial offshore oil & gas development, deep sea mining, pollution discharge, introduction of non-native species, and other related activities.

### Federal MPA:

Extensions of State MPAs into federal waters.

## LEARN MORE

Scan the QR code with your smartphone for more information on the specific regulations and GPS coordinates for each MPA:



## HOW DO MPAS AFFECT BOATERS?

- ☞ Boating and anchoring in an MPA is allowed unless specifically prohibited by regulations for a particular MPA.
- ☞ Transiting through MPAs is allowed, even with fish on board; just make sure your fishing gear is stowed.
- ☞ If you do fish, learn where MPAs are. Many SMCAs allow recreational fishing for pelagic fish with certain gear. And, while fishing is not allowed within SMRs, you may benefit from them when you fish a nearby reef.
- ☞ There are other fishing rules and regulations, so be informed and plan your fishing trip before you leave home.

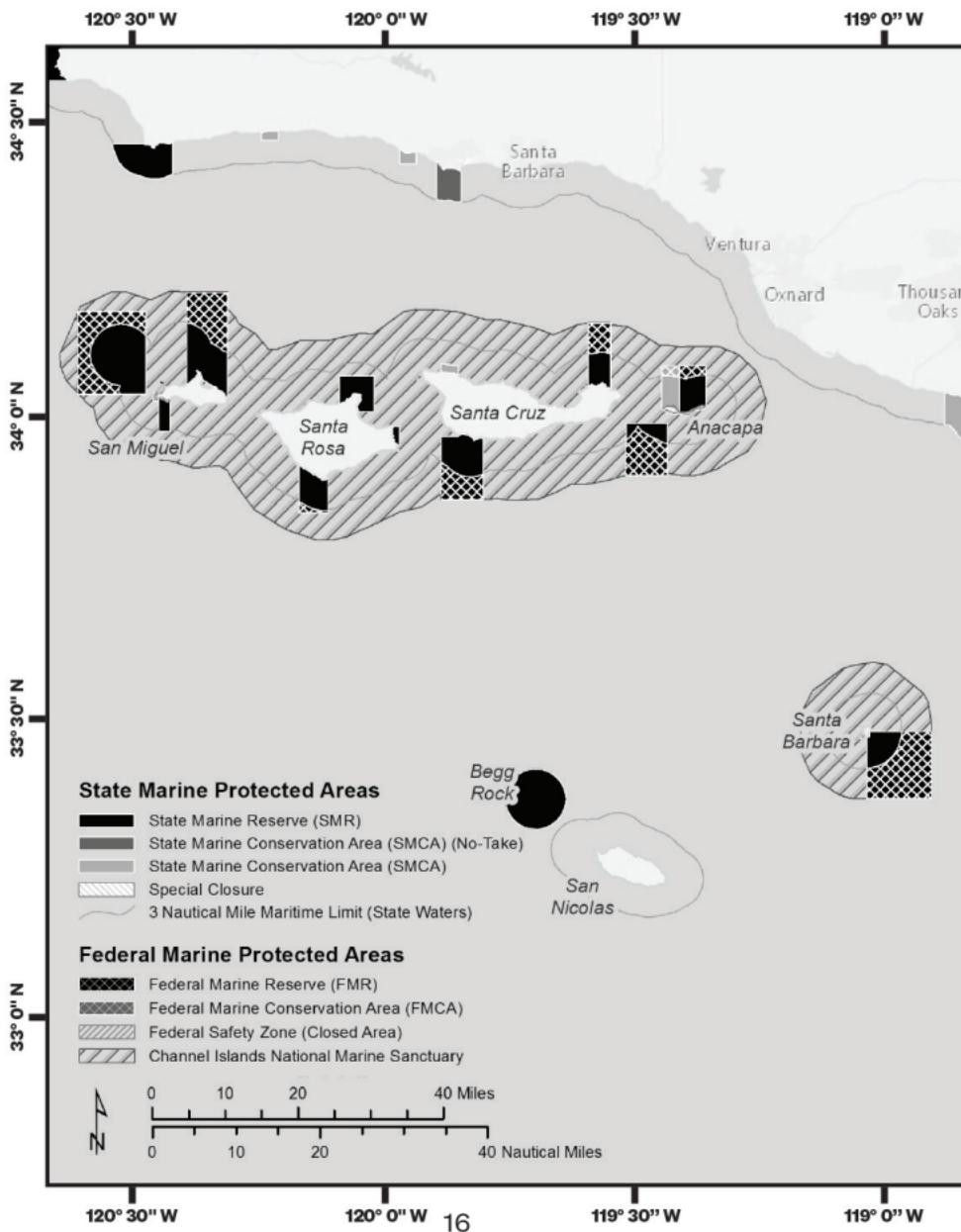
## WILDLIFE HOTLINES

- ☞ **CA Wildlife Center**  
310.458.WILD  
(310.458.9453)
- ☞ **Marine Mammal Center**  
415.289.SEAL  
(415.289.7325)
- ☞ **Report Poachers and Polluters**  
Report disturbances and poaching to CalTip at 888.334.2258, or text “CALTIP” followed by a space and the message, to 847411 (tip411)

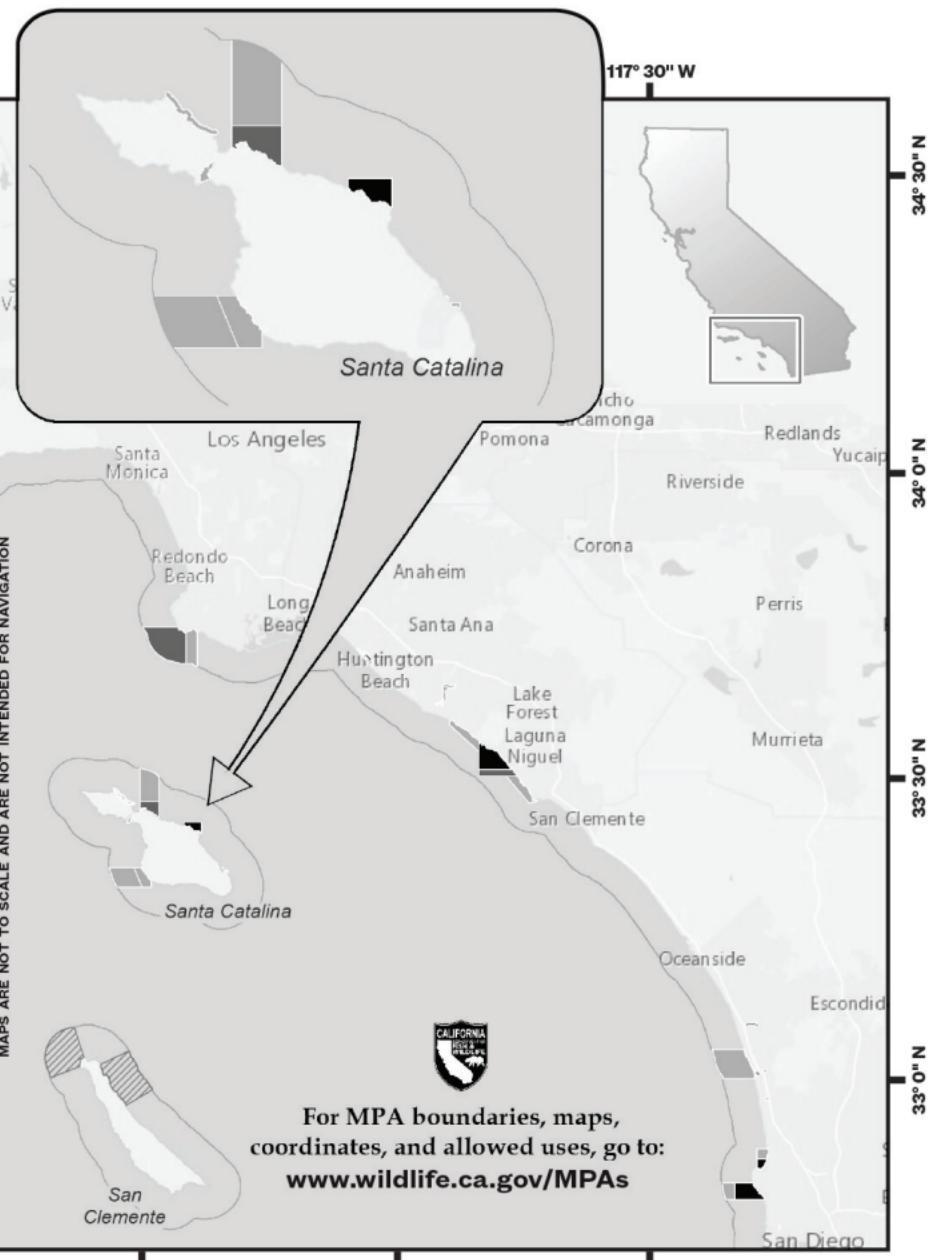
## TIPS FOR BOATERS TO PREVENT MARINE WILDLIFE DISTURBANCE

- ☞ Stay 1,000 feet (3 football fields) from cliffs, offshore rocks, and islands.
- ☞ All marine mammals are protected under the Marine Mammal Protection Act.
- ☞ Stay at least 100 yards away from whales and at least 50 yards away from dolphins, seals, and sea lions.
- ☞ If you see bird heads bobbing, calling, fluttering, or flying away, you are too close.
- ☞ Paddle, sail, or motor around rather than through groups of birds on the water.
- ☞ Properly dispose of fishing line — look for fishing line recycling stations (see harbor maps), cover bait, use barbless hooks, and artificial lures.
- ☞ Do not feed wildlife or attract birds by throwing bait or fish scraps overboard.
- ☞ State and federal laws protect seabirds and other marine life from harassment.

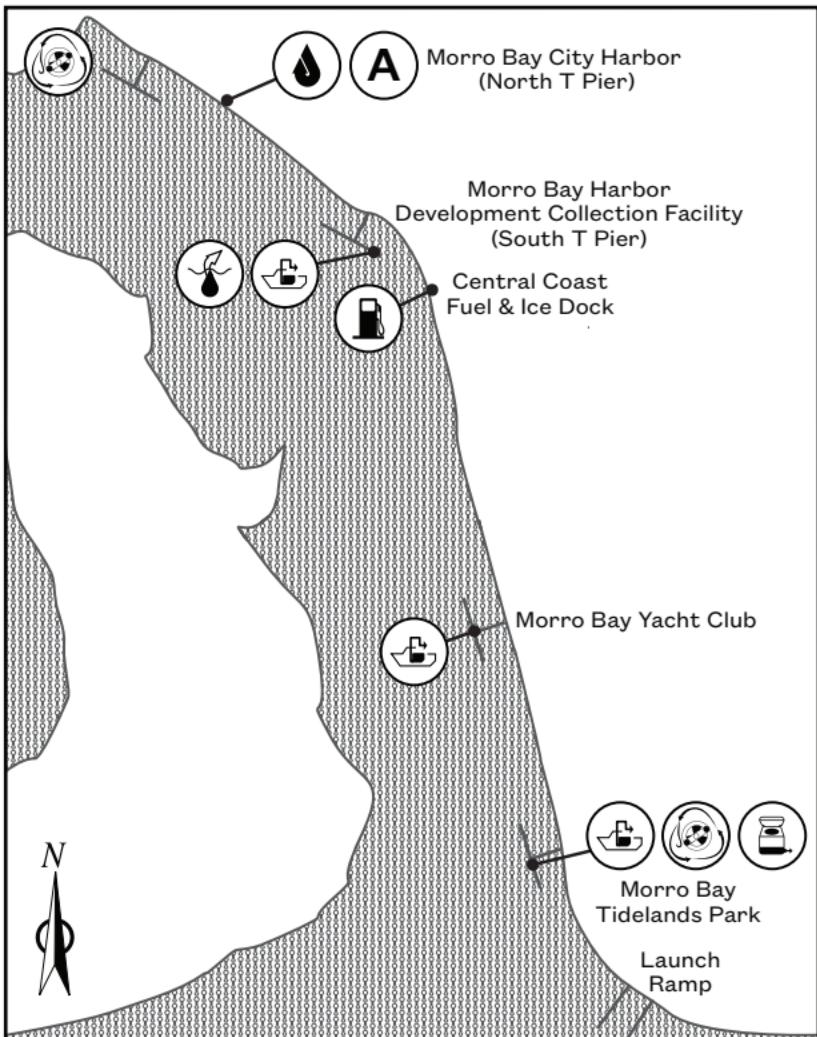
# SOUTHERN CALIFORNIA STATE AND FEDERAL MARINE PROTECTED AREAS



MAPS ARE NOT TO SCALE AND ARE NOT INTENDED FOR NAVIGATION



# MORRO BAY



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



OIL  
BILGE  
PUMPOUT



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

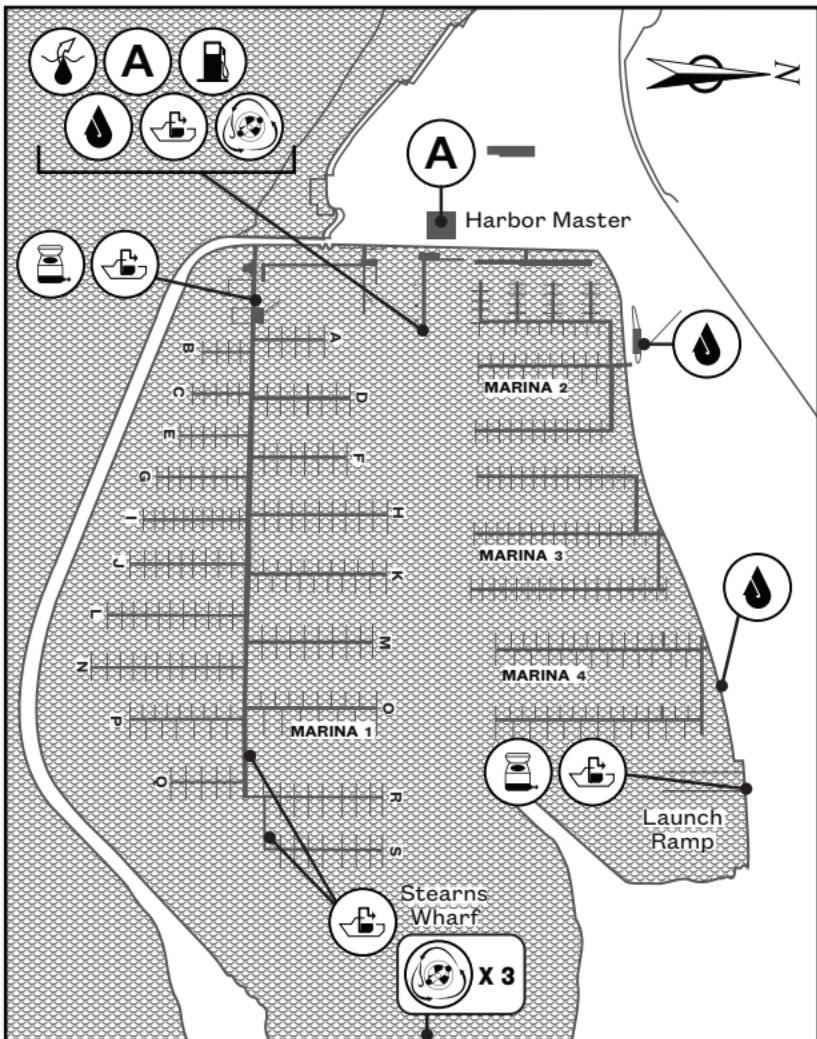


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# SANTA BARBARA



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



OIL  
BILGE  
PUMPOUT



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

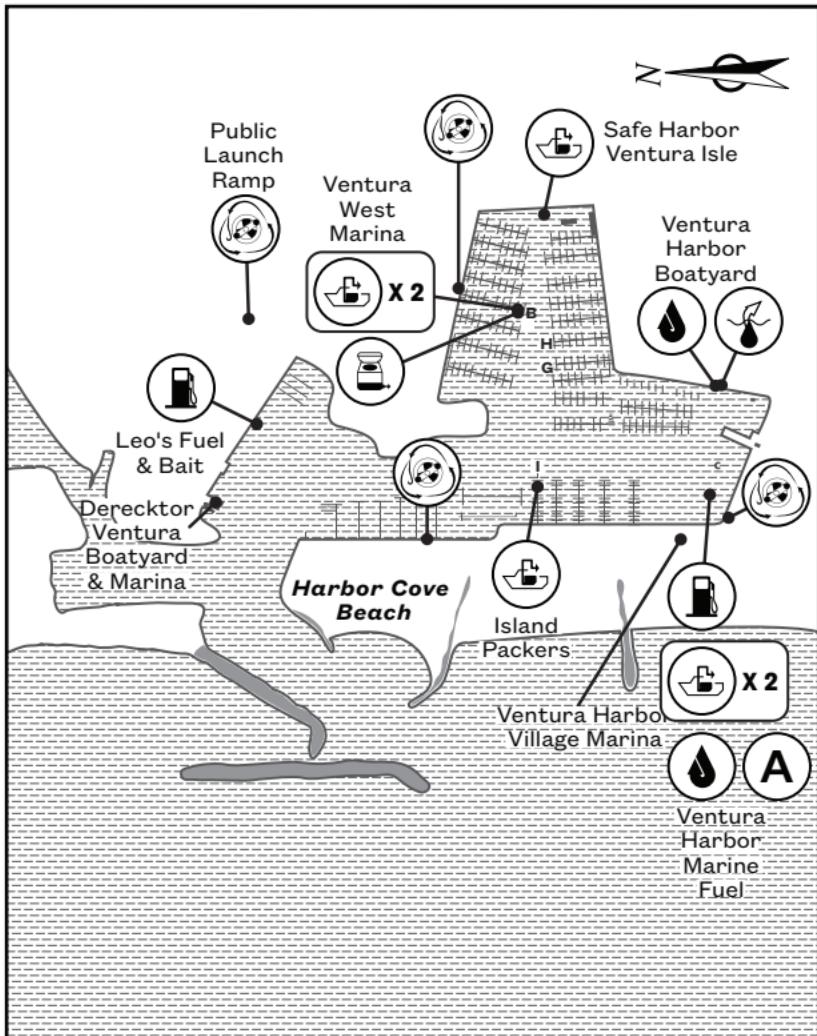


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# VENTURA



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



OIL  
BILGE  
PUMPOUT



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

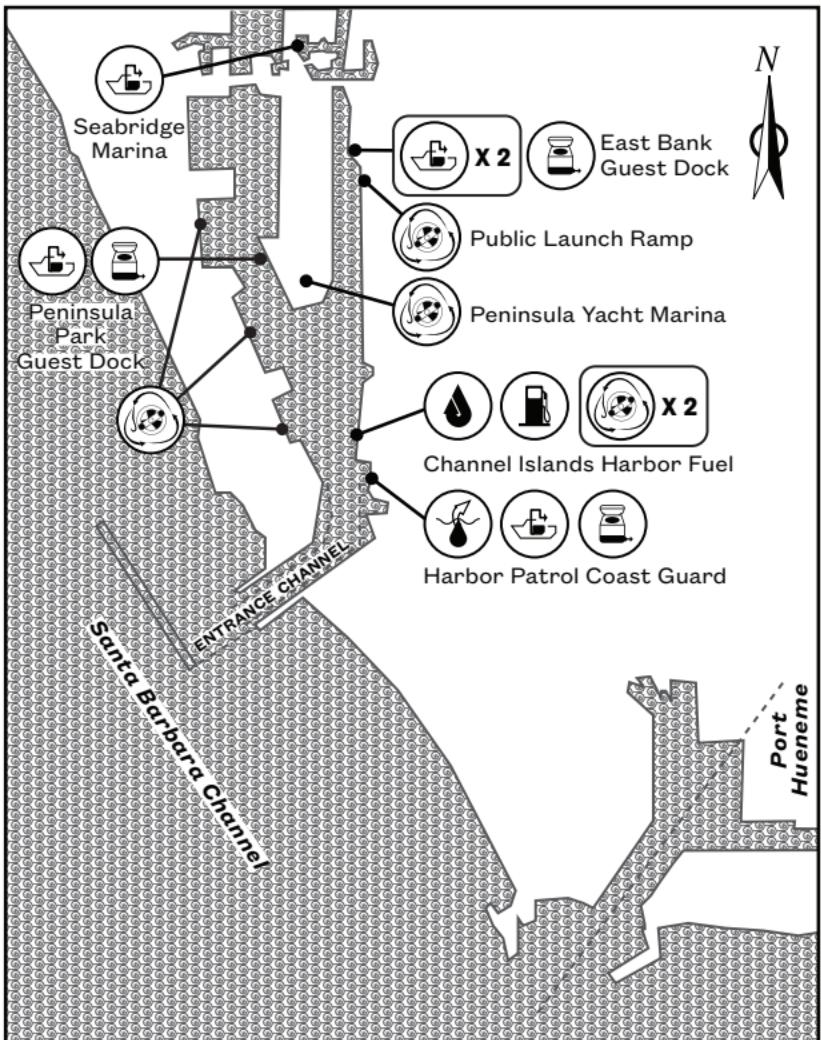


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# CHANNEL ISLANDS



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



OIL  
BILGE  
PUMPOUT



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

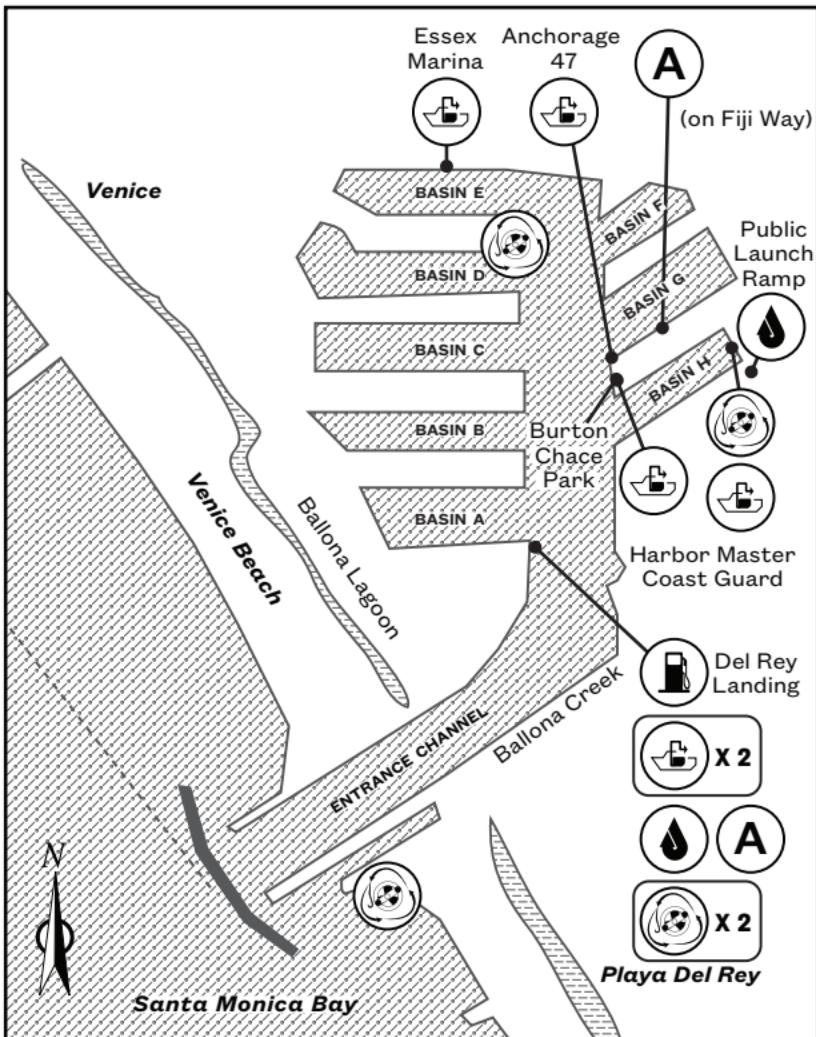


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# MARINA DEL REY



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS

**A**  
OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION

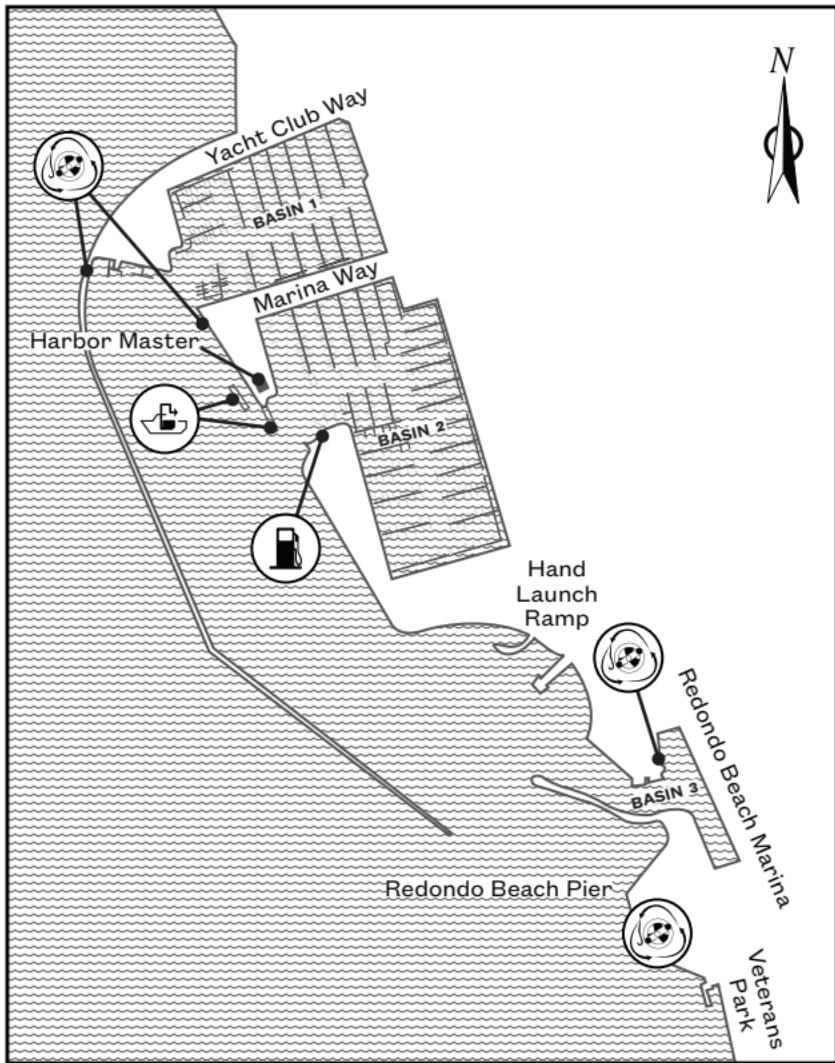


OIL  
RECYCLING

SEWAGE  
PUMPOUT

FISHING  
LINE  
RECYCLING

# KING HARBOR



FUEL

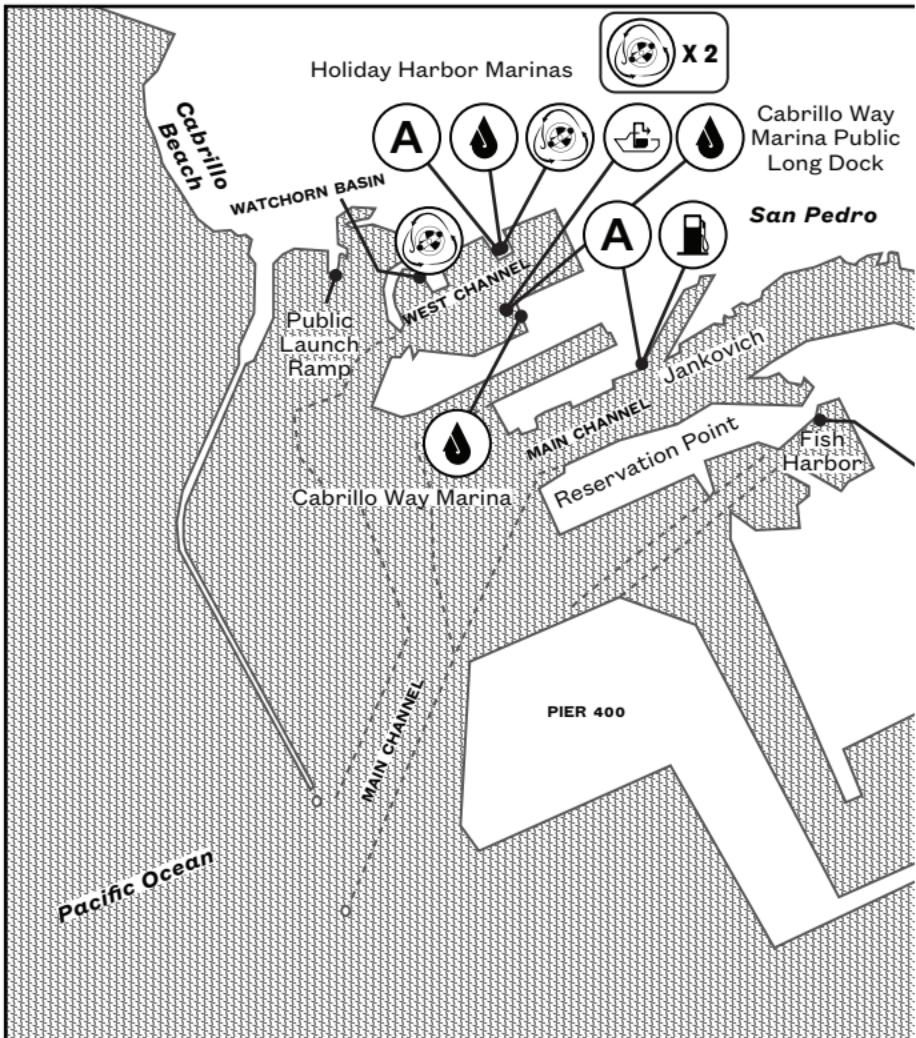


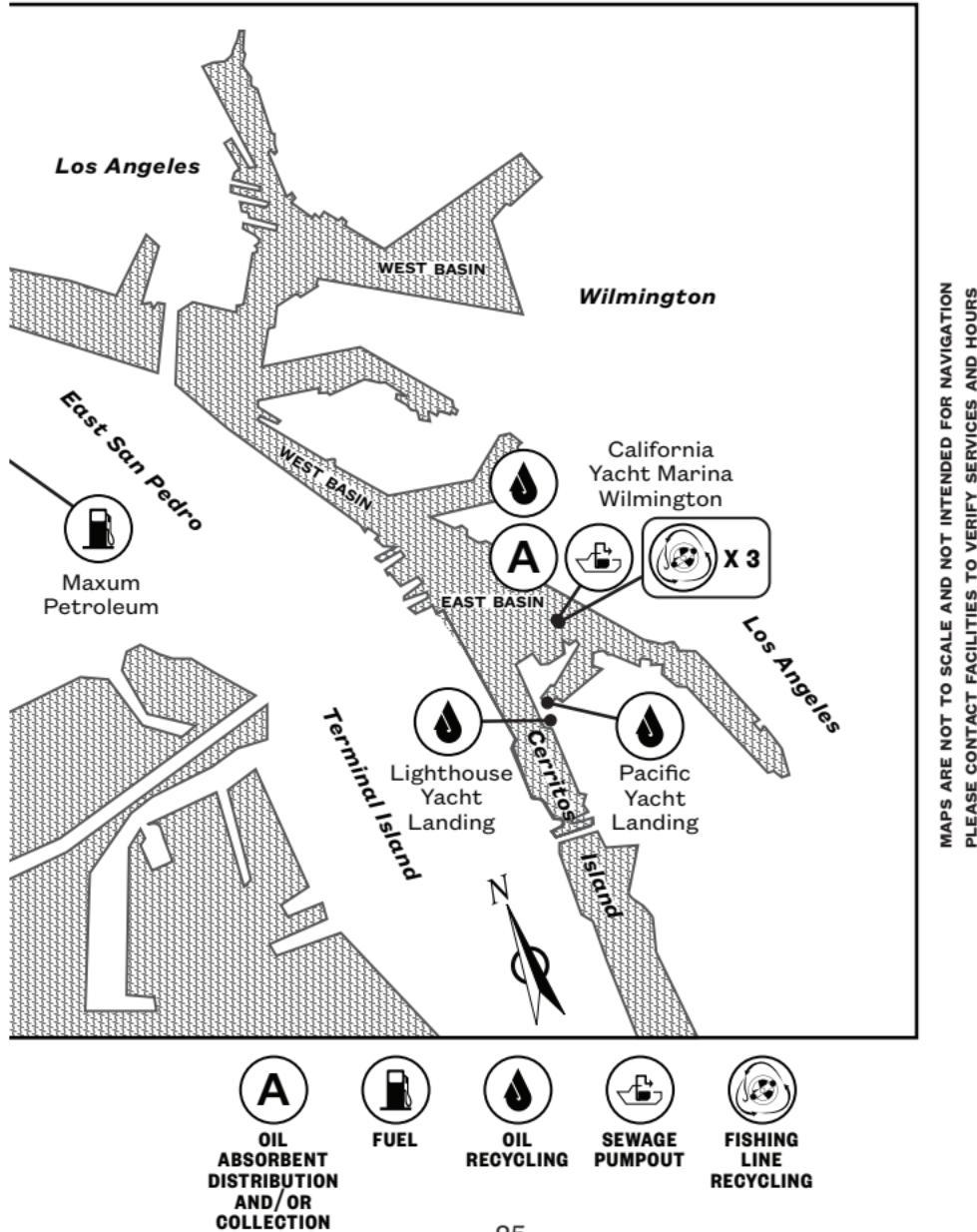
SEWAGE  
PUMPOUT



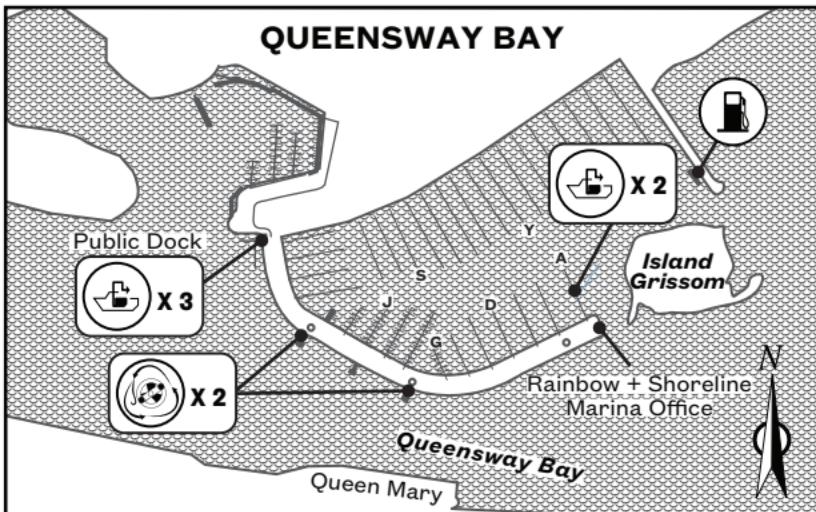
FISHING  
LINE  
RECYCLING

# LOS ANGELES HARBOR

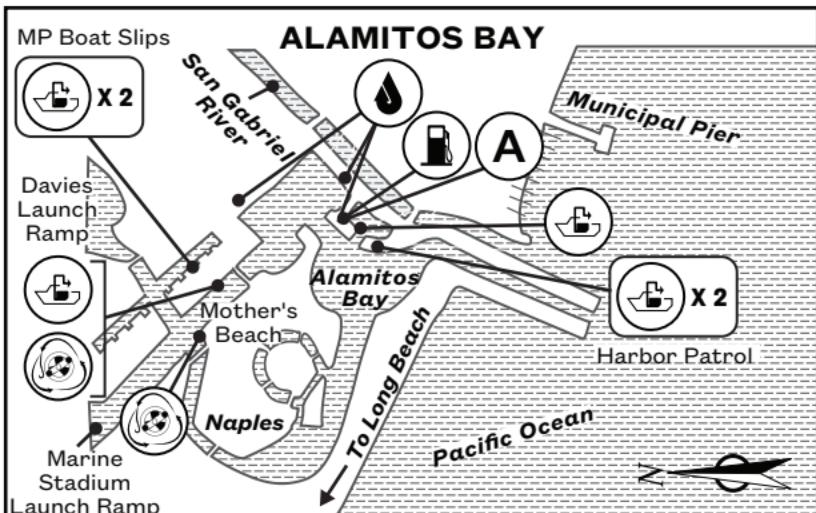




# LONG BEACH



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



**A**  
OIL  
ABSORBENT  
DISTRIBUTION  
AND/  
OR  
COLLECTION



FUEL



OIL  
RECYCLING

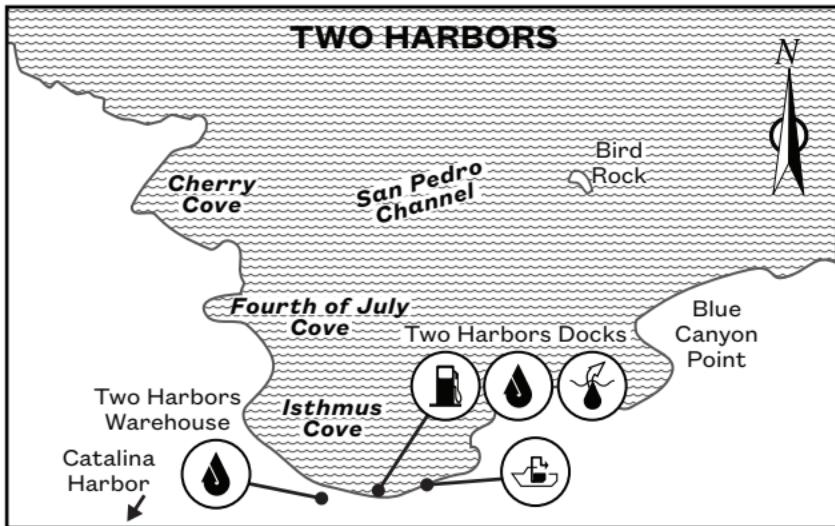


SEWAGE  
PUMPOUT

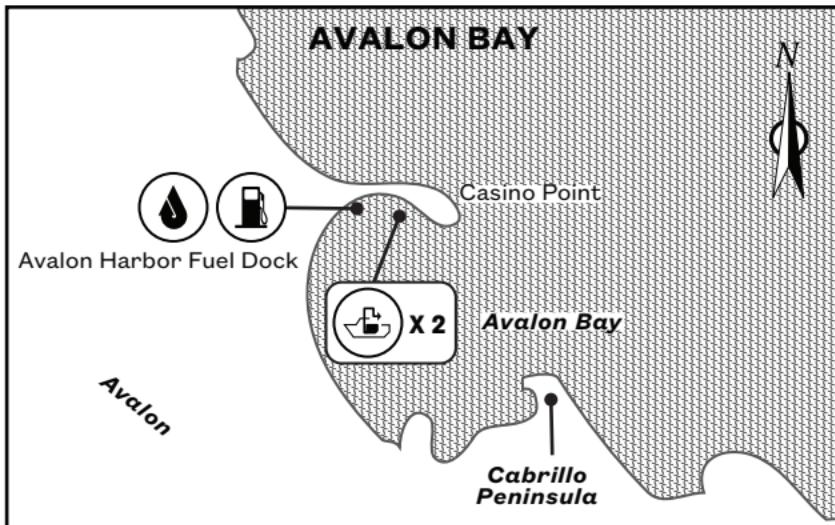


FISHING  
LINE  
RECYCLING

# SANTA CATALINA ISLAND



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



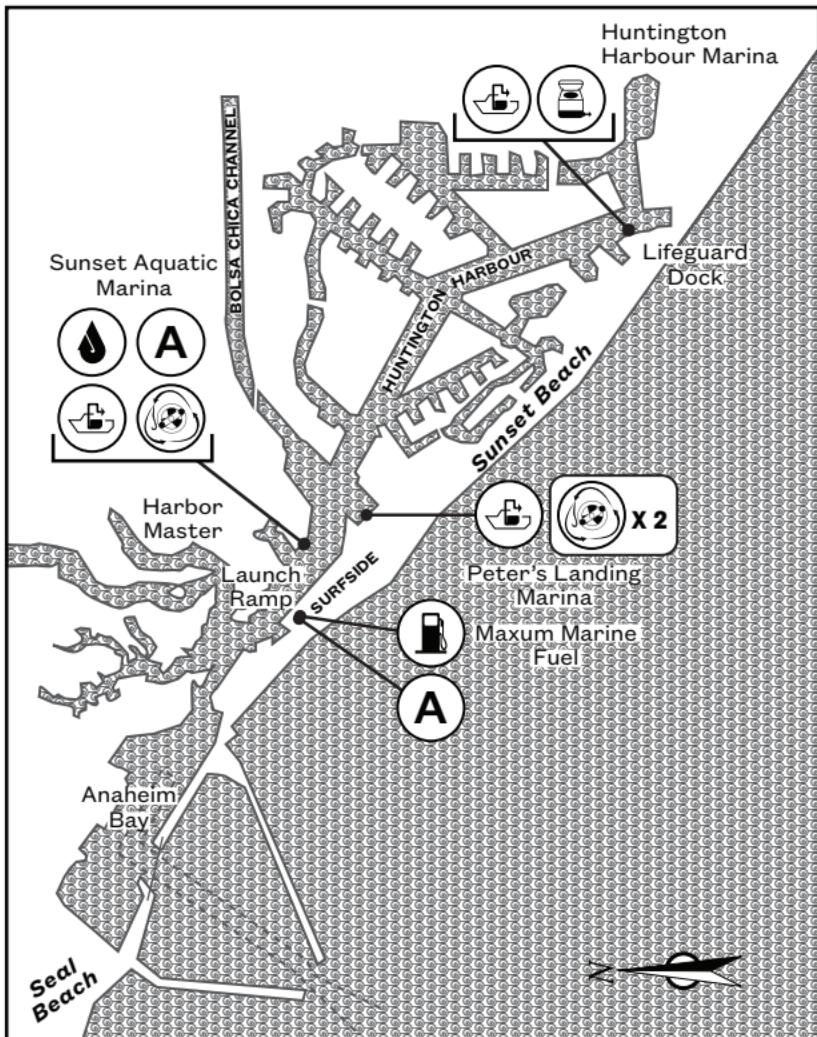
OIL  
BILGE  
PUMPOUT

FUEL

OIL  
RECYCLING

SEWAGE  
PUMPOUT

# HUNTINGTON HARBOUR



DUMP  
STATION



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

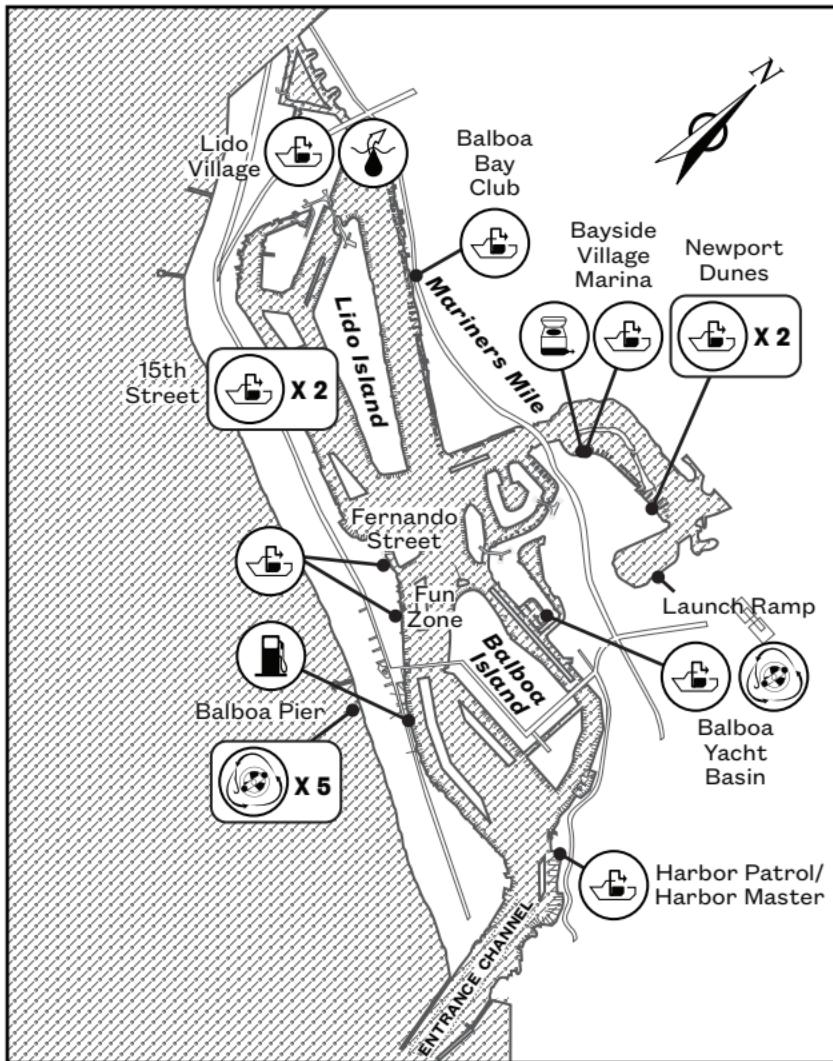


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# NEWPORT HARBOR



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



OIL  
BILGE  
PUMPOUT



FUEL

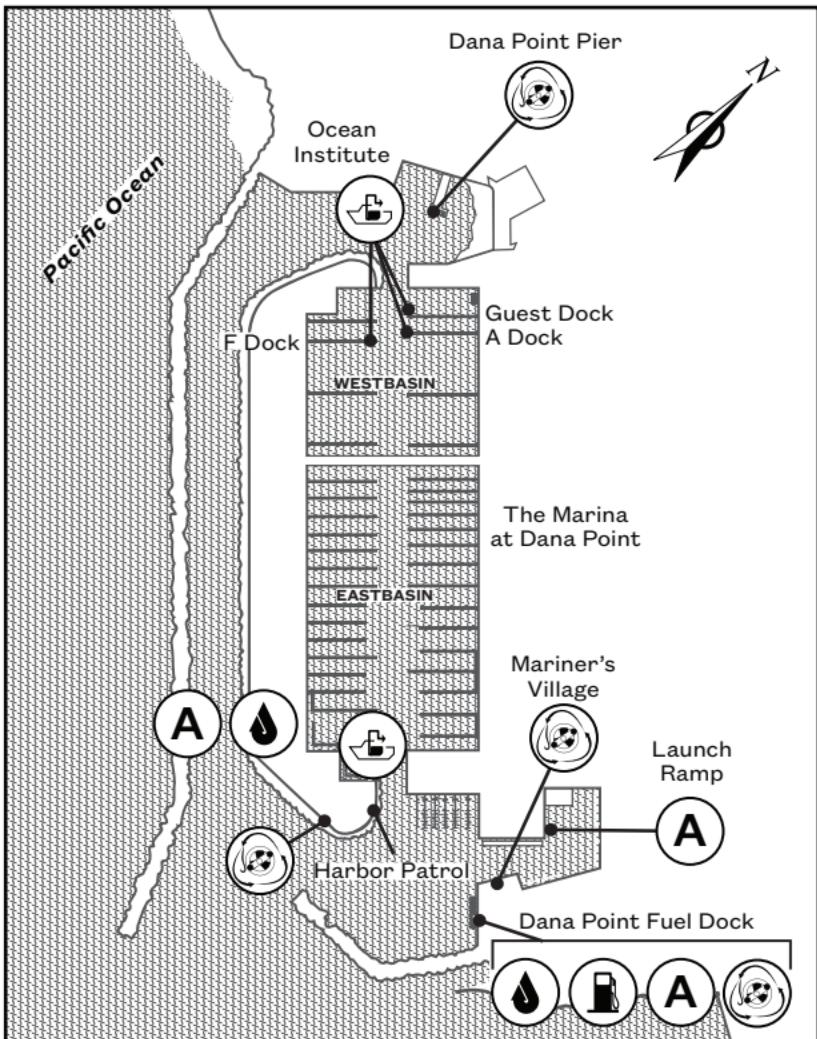


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# DANA POINT



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS

**A**  
OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

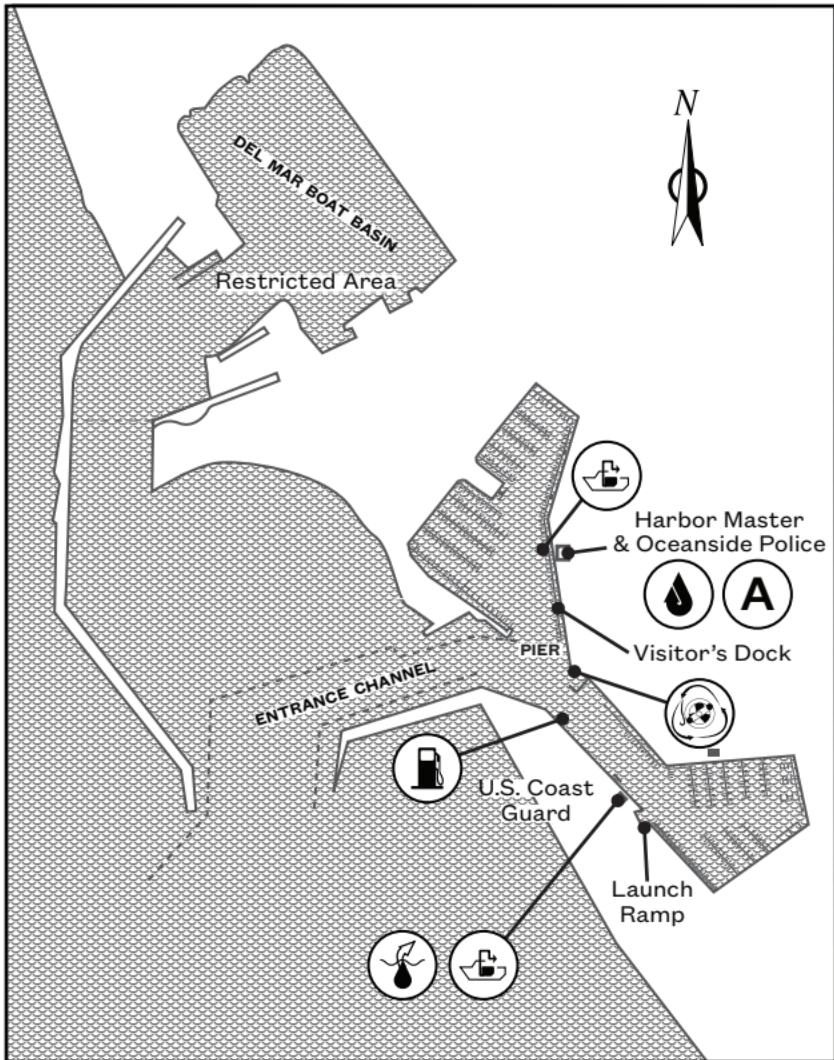


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# OCEANSIDE



MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



OIL  
BILGE  
PUMPOUT



OIL  
ABSORBENT  
DISTRIBUTION  
AND/OR  
COLLECTION



FUEL



OIL  
RECYCLING

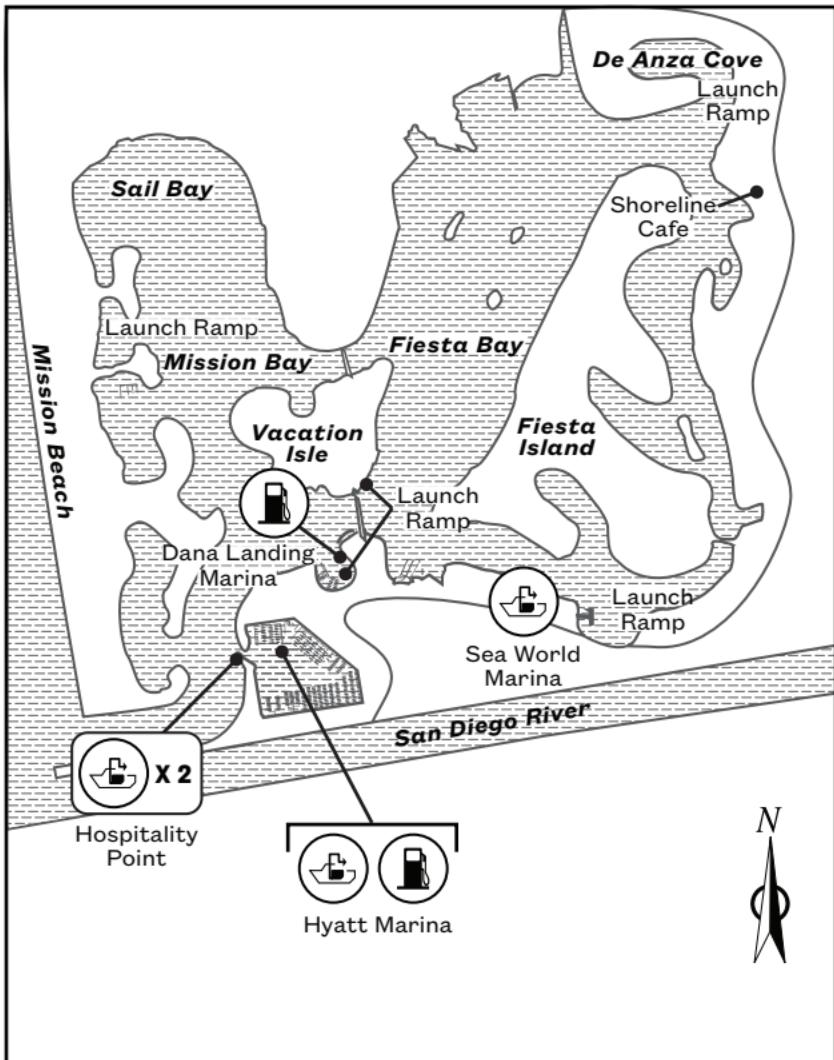


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# MISSION BAY



FUEL



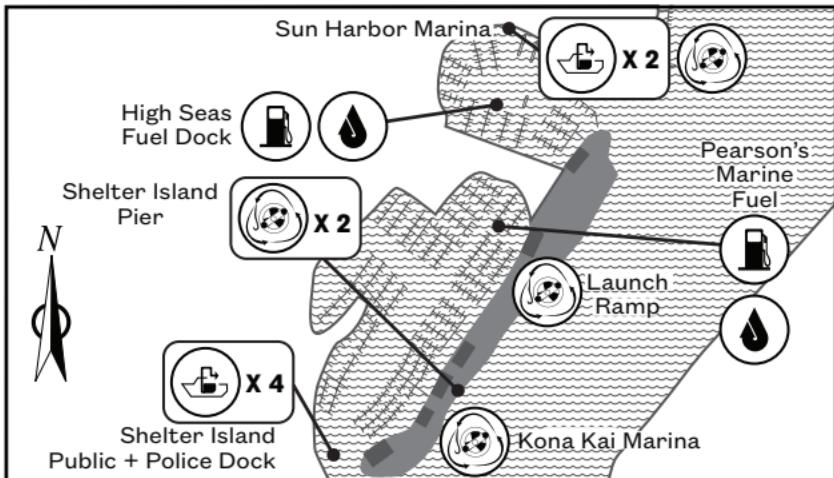
OIL  
RECYCLING



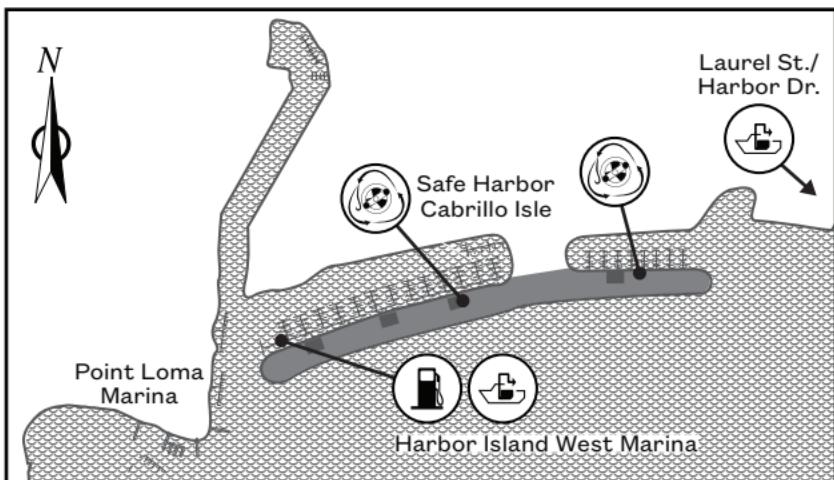
SEWAGE  
PUMPOUT

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PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS.

# SHELTER ISLAND



# HARBOR ISLAND



FUEL



OIL  
RECYCLING



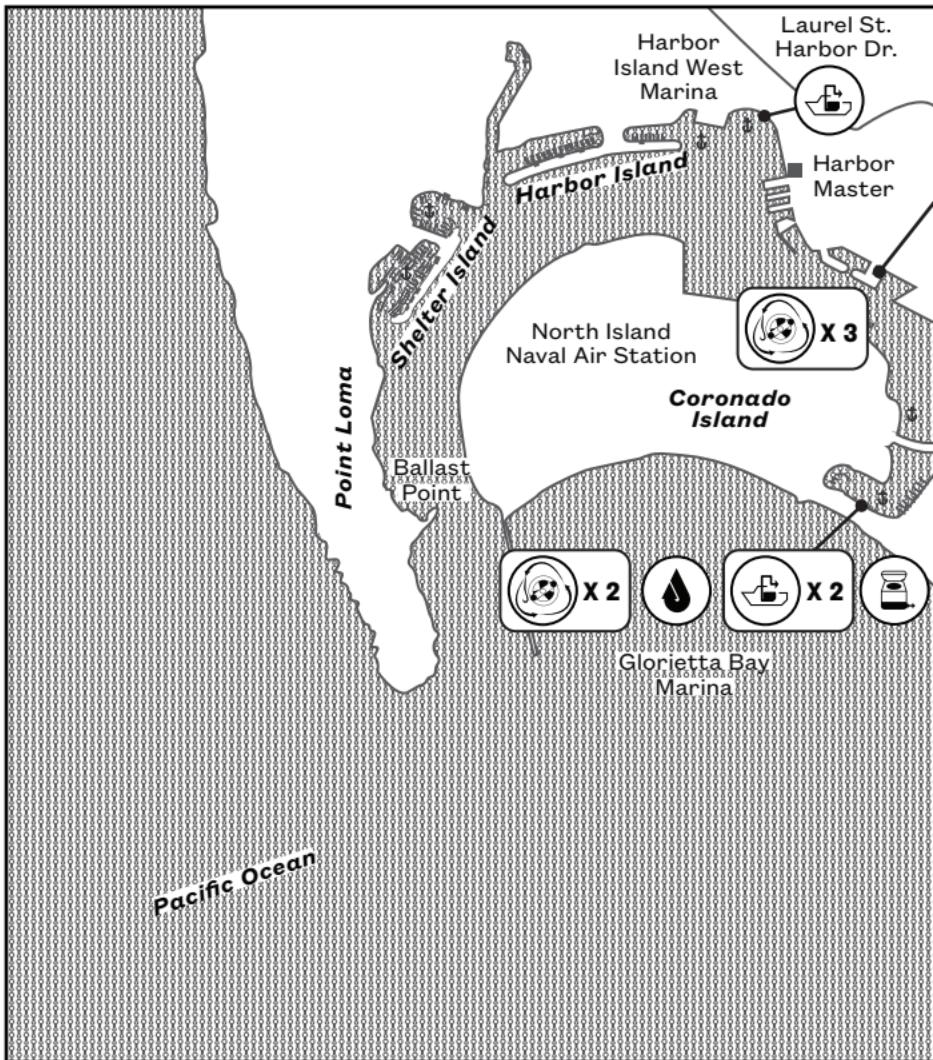
SEWAGE  
PUMPOUT

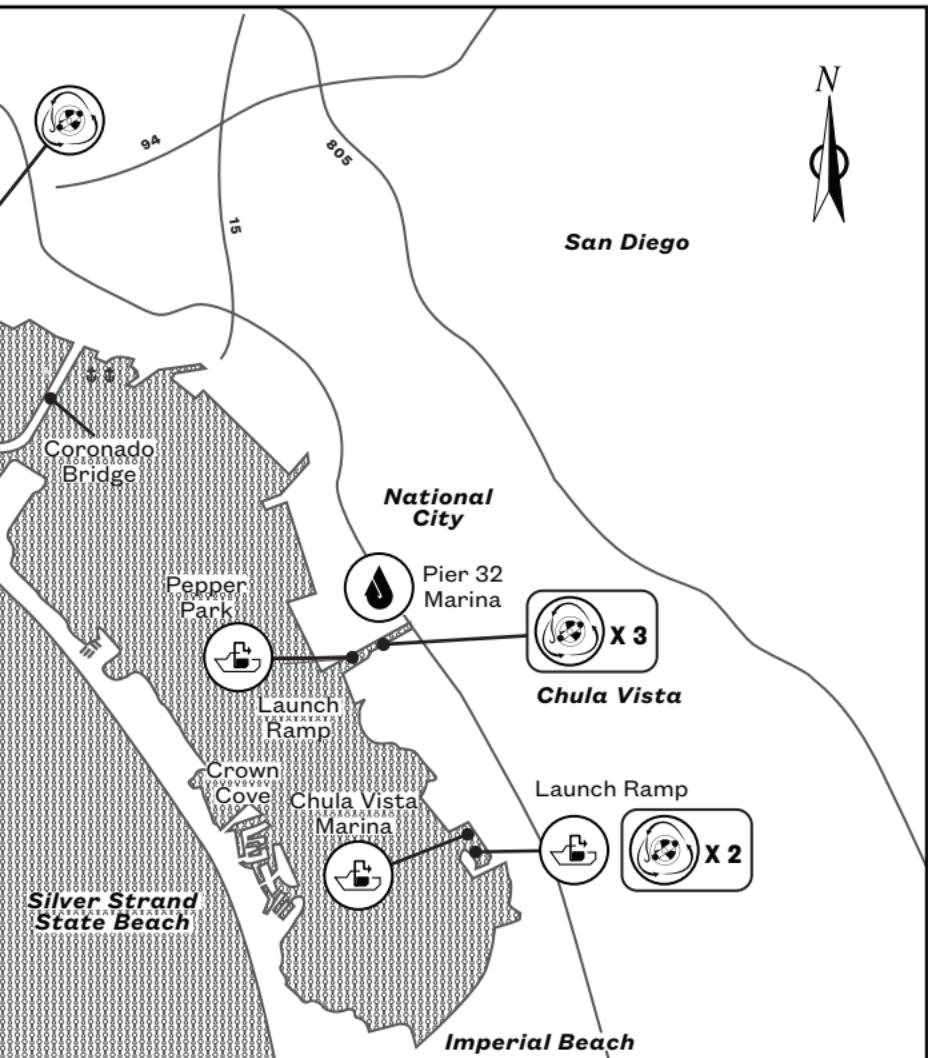


FISHING  
LINE  
RECYCLING

MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS

# SAN DIEGO





MAPS ARE NOT TO SCALE AND NOT INTENDED FOR NAVIGATION  
PLEASE CONTACT FACILITIES TO VERIFY SERVICES AND HOURS



DUMP  
STATION



FUEL



OIL  
RECYCLING

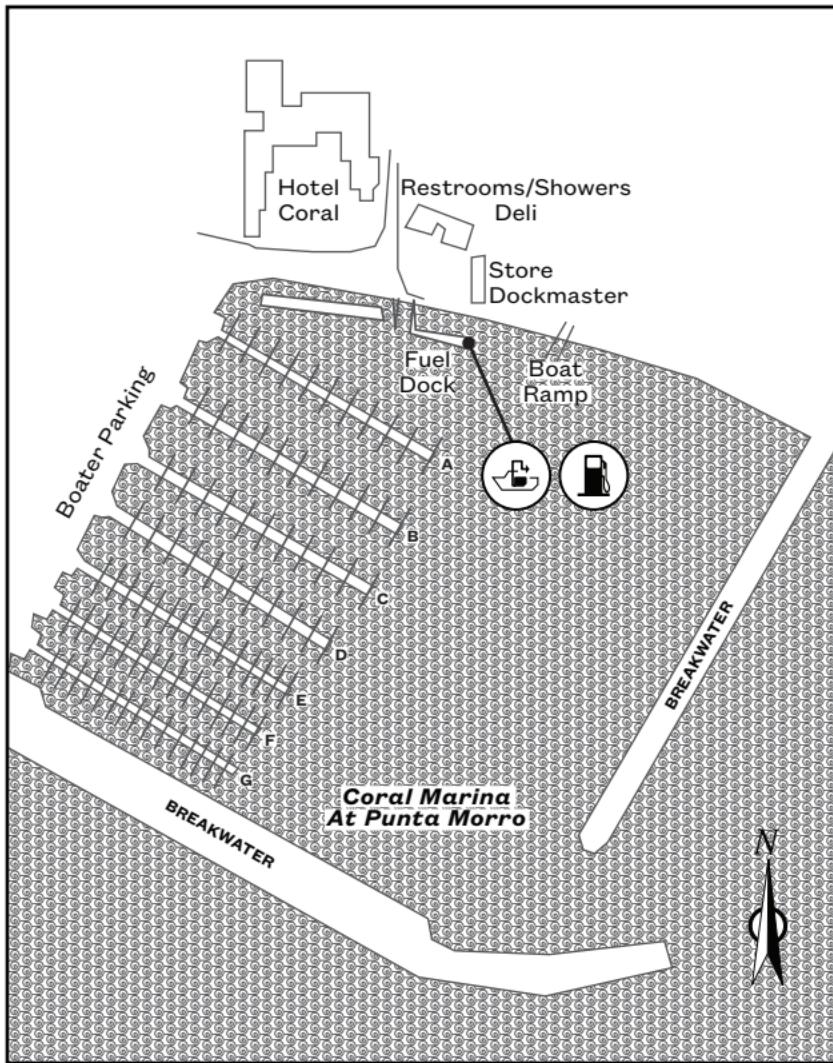


SEWAGE  
PUMPOUT



FISHING  
LINE  
RECYCLING

# CORAL MARINA



FUEL



SEWAGE  
PUMPOUT

JULY 2023

**SUNDAY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6a 12p 6p	6a 12p 6p	6a 12p 6p	6a 12p 6p	6a 12p 6p	6a 12p 6p	6a 12p 6p	
0	0	0	0	0	0	0	
1	2	3	4	5	6	7	
1.3 3.7 2.3 6.9 -1.6 3.8 2.3 7.1 -1.7 3.9 2.3 7.0 -1.6 4.1 2.2 6.6 -1.2 4.2 2.2 6.0 -0.8 4.5 2.2 5.2 -0.2 4.8 2.1 3:38a 10:15a 2:26p 8:53p 4:22a 10:59a 3:10p 9:39p 5:06a 1:44a 4:07p 10:21p 5:52a 12:30p 5:03p 11:17p 6:37a 1:06p 6:05p 12:11a 7:23a 2:07p 7:20p 1:01a 8:09a 2:55p 8:46p	2	3	4	5	6	7	8
1.3 3.7 2.3 6.9 -1.6 3.8 2.3 7.1 -1.7 3.9 2.3 7.0 -1.6 4.1 2.2 6.6 -1.2 4.2 2.2 6.0 -0.8 4.5 2.2 5.2 -0.2 4.8 2.1 3:38a 10:15a 2:26p 8:53p 4:22a 10:59a 3:10p 9:39p 5:06a 1:44a 4:07p 10:21p 5:52a 12:30p 5:03p 11:17p 6:37a 1:06p 6:05p 12:11a 7:23a 2:07p 7:20p 1:01a 8:09a 2:55p 8:46p	9	10	11	12	13	14	15
1.4 0.5 5.1 1.7 2.6 1.2 5.4 1.1 3.2 1.8 5.6 0.5 3.2 2.2 5.8 0.1 3.4 2.5 6.0 0.4 3.6 2.6 6.1 0.6 3.7 2.6 6.1 2:21a 8:57a 3:51p 10:20p 3:51p 9:41a 4:42p 11:48p 5:37a 10:41a 5:34p 12:58a 7:15a 11:38a 6:20p 1:54a 8:29a 12:34p 7:04p 2:39a 9:25a 1:25p 7:46p 3:18a 10:03a 2:10p 8:25p	16	17	18	19	20	21	22
1.4 0.5 5.1 1.7 2.6 1.2 5.4 1.1 3.2 1.8 5.6 0.5 3.2 2.2 5.8 0.1 3.4 2.5 6.0 0.4 3.6 2.6 6.1 0.6 3.7 2.6 6.1 2:21a 8:57a 3:51p 10:20p 3:51p 9:41a 4:42p 11:48p 5:37a 10:41a 5:34p 12:58a 7:15a 11:38a 6:20p 1:54a 8:29a 12:34p 7:04p 2:39a 9:25a 1:25p 7:46p 3:18a 10:03a 2:10p 8:25p	23	24	25	26	27	28	29
0.7 3.8 2.6 6.2 -0.7 3.8 2.5 6.1 -0.6 3.8 2.5 6.0 0.5 3.9 2.5 5.8 0.2 3.9 2.5 5.5 0.1 4.0 2.5 5.0 0.4 4.1 2.5 3:54a 10:37a 2:49p 9:01p 4:26a 11:07a 3:25p 9:36p 4:57a 11:35a 4:00p 10:09p 5:27a 12:04p 4:36p 10:42p 5:55a 12:34p 6:14p 11:15p 6:24a 1:05p 5:58p 11:49p 6:52a 1:38p 6:50p	30	31					
0.9 3.7 2.5 6.8 -1.3 4.0 2.2 7.1 2:49a 9:22a 1:32p 7:57p 3:23a 9:57a 2:25p 8:46p							

**AUGUST**

	JUNE	JULY	AUGUST
S M T W T F S	S M T W T F S	S M T W T F S	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	
6 7 8 9 10	6 7 8 9 10	6 7 8 9 10 11 12	
11 12 13 14 15	11 12 13 14 15	13 14 15 16 17	
18 19 20 21 22	18 19 20 21 22	17 18 19 20 21 22 23	
25 26 27 28 29	25 26 27 28 29 30	24 25 26 27 28 29 30	

**LAST QUARTER: JULY 10**

**FIRST QUARTER: JULY 26**

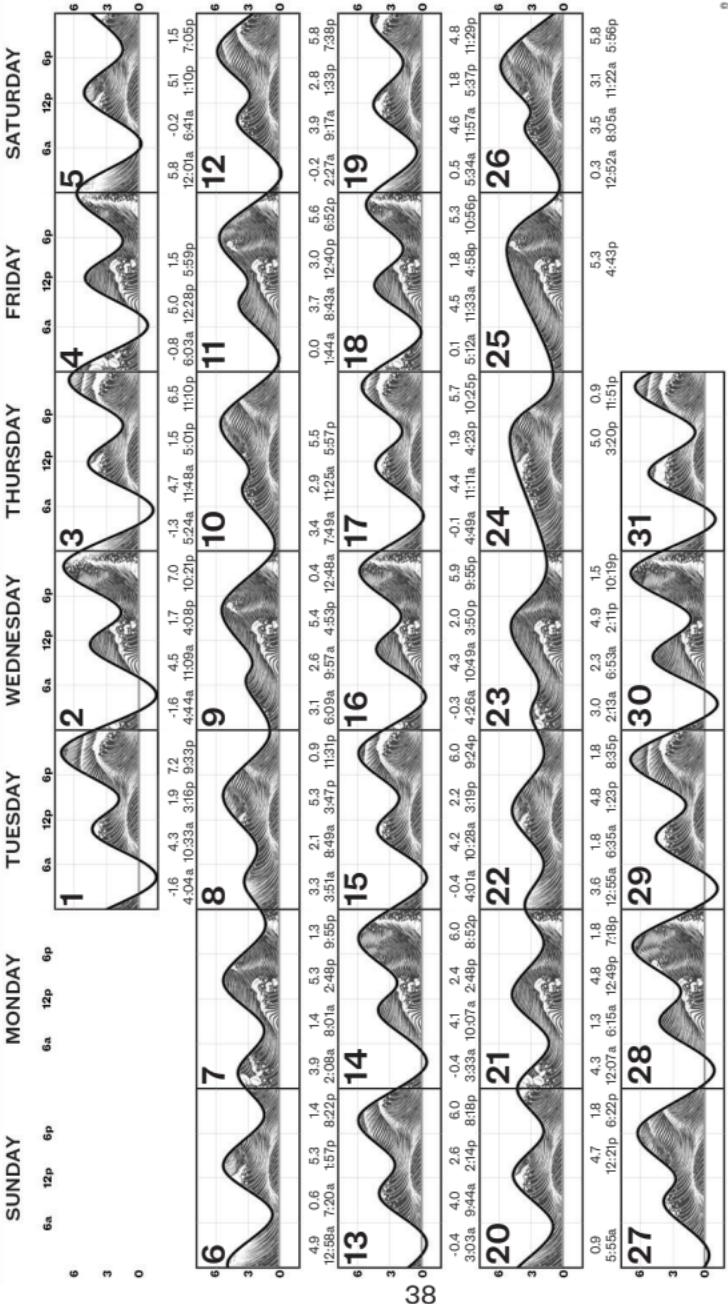
● Full Moon: Jul 3      ○ New Moon: Jul 17

● Last Quarter: Jul 10      ○ First Quarter: Jul 26

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# AUGUST 2023



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SEPTEMBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- **Full Moon: Aug 1**
- **New Moon: Aug 16**
- **Full Moon: Aug 30**
- **Last Quarter: Aug 8**
- **First Quarter: Aug 24**

SEPTEMBER 2023

OCTOBER 2023

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SEPTEMBER		OCTOBER					NOVEMBER				
S	M	T	W	T	F	S	S	M	T	W	F
24	25	26	27	28	29	30	26	27	28	29	30
25	26	27	28	29	30						
26	27	28	29	30							

- Last Quarter: Oct 6
  - First Quarter: Oct 21
  - New Moon: Oct 14
  - Full Moon: Oct 28

NOVEMBER 2023

- Full Moon: Nov 5
- New Moon: Nov 20
- Last Quarter: Nov 13
- First Quarter: Nov 27

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		DECEMBER											
		S	M	T	W	F	S	S	M	T	W	F	S
OCTOBER		1	2	3	4	5	6	7	8	9	10	11	12
		8	9	10	11	12	13	14	15	16	17	18	19
		15	16	17	18	19	20	21	22	23	24	25	26
		28	29	30	31								
		25	26	27	28	29	30	31					

DECEMBER 2023

**2023**

JANUARY							FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	7	8	9	10	11	12	13
8	9	10	11	12	13	14	5	6	7	8	9	10	11	11	12	13	14	15	16	17
15	16	17	18	19	20	21	12	13	14	15	16	17	18	18	19	20	21	22	23	24
22	23	24	25	26	27	28	19	20	21	22	23	24	25	21	22	23	24	25	26	27
29	30	31	26	27	28	29	26	27	28	29	30	31	28	29	30	31	25	26	27	28
31																				

APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	7	8	9	10	11	12	13
2	3	4	5	6	7	8	7	8	9	10	11	12	13	14	15	16	17	18	19	20
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31	25	26	27	28	29	30	31
30																				

JULY							AUGUST							SEPTEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	7	8	9	10	11	12	13
2	3	4	5	6	7	8	6	7	8	9	10	11	12	13	14	15	16	17	18	19
9	10	11	12	13	14	15	13	14	15	16	17	18	19	10	11	12	13	14	15	16
16	17	18	19	20	21	22	17	18	19	20	21	22	23	14	15	16	17	18	19	20
23	24	25	26	27	28	29	24	25	26	27	28	29	30	21	22	23	24	25	26	27
30	31																			

OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	6	7	8	9	10	11	12
8	9	10	11	12	13	14	5	6	7	8	9	10	11	12	13	14	15	16	17	18
15	16	17	18	19	20	21	12	13	14	15	16	17	18	19	20	21	22	23	24	25
22	23	24	25	26	27	28	19	20	21	22	23	24	25	20	21	22	23	24	25	26
29	30	31	26	27	28	29	24	25	26	27	28	29	30	27	28	29	30	31	29	30
31																				

# 2023 SUNRISE AND SUNSET

OBSERVED FROM SEA LEVEL IN LOS ANGELES

## Pacific Standard Time, corrected for Daylight Saving Time

JANUARY	RISE	SET
1 .....	6:54	4:53
8 .....	6:55	4:58
15 .....	6:55	5:05
22 .....	6:52	5:11
29 .....	6:49	5:18

JULY	RISE	SET
1 .....	5:44	8:04
8 .....	5:47	8:03
15 .....	5:51	8:01
22 .....	5:56	7:58
29 .....	6:01	7:53

## FEBRUARY

1 .....	6:47	5:21
8 .....	6:42	5:28
15 .....	6:35	5:34
22 .....	6:28	5:40
28 .....	6:21	5:45

## AUGUST

1 .....	6:03	7:51
8 .....	6:08	7:45
15 .....	6:12	7:38
22 .....	6:17	7:30
29 .....	6:22	7:21

## MARCH

1 .....	6:20	5:46
8 .....	6:11	5:52
15 .....	7:02	6:57
22 .....	6:52	7:03
29 .....	6:43	7:08

## SEPTEMBER

1 .....	6:24	7:17
8 .....	6:29	7:08
15 .....	6:33	6:58
22 .....	6:38	6:49
29 .....	6:43	6:39

## APRIL

1 .....	6:39	7:10
8 .....	6:30	7:15
15 .....	6:21	7:20
22 .....	6:13	7:26
29 .....	6:05	7:31

## OCTOBER

1 .....	6:44	6:36
8 .....	6:49	6:27
15 .....	6:55	6:18
22 .....	7:00	6:10
29 .....	7:06	6:02

## MAY

1 .....	6:03	7:32
8 .....	5:56	7:38
15 .....	5:51	7:43
22 .....	5:46	7:48
29 .....	5:43	7:53

## NOVEMBER

1 .....	7:09	6:00
8 .....	6:15	4:53
15 .....	6:21	4:49
22 .....	6:28	4:45
29 .....	6:34	4:43

## JUNE

1 .....	5:42	7:54
8 .....	5:40	7:58
15 .....	5:40	8:01
22 .....	5:41	8:03
29 .....	5:43	8:04

## DECEMBER

1 .....	6:36	4:43
8 .....	6:41	4:42
15 .....	6:47	4:44
22 .....	6:51	4:47
29 .....	6:53	4:51



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